

One Cape . . . One VNA

The VNA provides services for all of Cape Cod. Offices are located in Dennis, Falmouth, Centerville, Chatham, Eastham, Provincetown, Plymouth and Wareham.

Childcare Center is located in Falmouth.

Adult Day Health Programs are located in Sandwich.

Thriftique is located in Yarmouth.

Clinics, health screenings, and Community Services are in many locations.

In home health services & hospice services are provided in homes throughout the Cape.

Volunteer Services of the VNA of Cape Cod

Toll Free Phone 800-631-3900, ext. 7709

Direct Line 508-957-7709

Email kknaub@vnacapecod.org

434 Route 134 • Dennis, MA 02660

How You Can Help

The Visiting Nurse Association of Cape Cod is a not-for-profit agency dependent on the philanthropy of our community. If you are interested in supporting the work of the VNA, please contact the foundation office at 508-957-7700.



**VISITING NURSE
ASSOCIATION OF CAPE COD**
Cape Cod Healthcare

VNA of Cape Cod

VNA Volunteer Coordinator

434 Route 134

Dennis, MA 02660



the VNA is...

Volunteer Services

Reach Beyond Yourself



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Who Volunteers?

People of all backgrounds.

How can I be a VNA volunteer?

Fill out and return the self-addressed back portion of this brochure or call 508-957-7709.

Do I qualify?

Do you have an interest in improving the health and wellness of the Cape communities?

Can you make a commitment of time and energy?

Are you at least 15 years of age?

Some positions require TB testing and other immunizations.

Hospice volunteers are encouraged to wait at least one year after the death of a loved one before volunteering.

What can volunteers do?

Volunteers help our professional and skilled staff extend the scope of VNA services to the community. Here are just a few of the ways you can reach beyond yourself:

Opportunities

Community Health Services

- *Just a kid at heart? Play games, share an interest in crafts, or read to seniors at an adult day health center.*
- *Immunization clinics need volunteers to check in patients, give directions and be a friendly greeter.*

Administration

- *Assist with clerical tasks such as filing, computer work, copying, mailings and answering the phone.*

Hospice

- *Volunteers are part of a team of nurses and aides who provide comfort and support to terminally ill patients and their families.*

Thriftique

- *Join a group of fun and hard working folks who price, sell and merchandise donated items to this thriving Yarmouth shop.*

Philanthropy

- *Special events need active, energetic people. Participating in fundraising events is a way for busy people to work volunteering into their schedule.*

Please Call to Learn About Other Opportunities

Toll free Phone: 800-631-3900 ext. 7709
Direct Line: 508-957-7709
Email: kknub@vnacapecod.org

Volunteer Interest Card

Please send me an application to become a VNA volunteer.

I am interested in the following volunteer schedule:

- | | |
|-------------------------------------|----------------------------------|
| Time of Day | Months |
| <input type="checkbox"/> Morning | <input type="checkbox"/> All |
| <input type="checkbox"/> Afternoon | <input type="checkbox"/> Summer |
| <input type="checkbox"/> Evening | <input type="checkbox"/> Winter |
| Location | Frequency |
| <input type="checkbox"/> Upper Cape | <input type="checkbox"/> Weekly |
| <input type="checkbox"/> Mid Cape | <input type="checkbox"/> Monthly |
| <input type="checkbox"/> Lower Cape | <input type="checkbox"/> Yearly |

Comments or other preferences:

Name

Address

area code ()

Phone

Mail To:

VNA Volunteer Services Coordinator
434 Route 134
Dennis, MA 02660

Cut Out and Return This Portion